

Young People's Health Resource Newsletter June 2019



To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development. Adopted in April 2008 by the Young Peoples Health Special Interest Group of the Royal College of Paediatrics and Child health (www.yphsig.org.uk)

Editor: Dr Janet E McDonagh, Clinical Senior Lecturer in Paediatric and Adolescent Rheumatology
(janet.mcdonagh@manchester.ac.uk)

YPHSIG: Young Persons Health Special Interest Group

Is a group of health professionals within RCPCCH but with co-opted members from RCN, RCGP RCP and AYPH creating a focus for professionals within the college working in the field of young people's health. Non-RCPCCH members are very welcome to join too. If you are interested in joining YPHSIG and/or would like to find out more about it, please go to www.yphsig.org.uk

AYPH: Association for Young People's Health

Is a charity and membership organization creating a focus for all professionals and organizations working in the field of young people's health in the UK. If you are interested in joining AYPH and/or would like to find out more about it, please go to www.youngpeopleshealth.org.uk.

Disclaimer

Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content.

******Save the date******

Adolescent Health Coming of Age

18-19 September 2019 Windsor, UK.

RCPCCH and Society for Adolescent Health and Medicine (SAHM) with keynote talks from global experts to focus on the present advances in AYA health.

****Young Artists Needed**** Rare Disease Art Competition BPSU 2019

The British Paediatric Surveillance Unit and its sister unit, the Child and Adolescent Psychiatry Surveillance System (CAPSS), are looking for budding artists affected by a rare disease, aged 17 and under, to enter artwork for the cover of their next annual report. The winning artist will be awarded a £50 gift voucher.

Read more about the competition by click here (www.rcpch.ac.uk/bpsu/artcompetition)

App store

This HEADSS training app (from YPHSIG) available to download for free at

 <https://app.appinstitute.com/heedsss>

Professional Webwatch

Hidden Illnesses and conditions

 <https://www.rcpch.ac.uk/resources/hidden-health-parent-led-card-toolkit>

These resources produced by RCPCH &Us help parents/carers who are supporting children and young people with hidden illnesses or conditions, with a questions checklist, awareness raising cards as well as having links to support and resources.

Mental Health

 <https://www.giveusashout.org/>

Shout is the UK's first free 24/7 text service for anyone in crisis anytime, anywhere.

 https://www.rcpch.ac.uk/sites/default/files/Chatterbox_Mental_Health.pdf

Based on the classic children's game, this game provides 'Facts vs Myths' surrounding the subject of mental health, which can enable a teacher/healthcare professional to facilitate a discussion regarding this issue.

Communicating with Doctors – for young people!

 <https://www.rcpch.ac.uk/sites/default/files/pocketbook.pdf>

Developed by an RCPCH summer intern Papia (age 17) in 2016, this tool shows young people's expectations for consultations with their doctors. It's based on consultations with children and young people across England in 2016 about how to improve their experience in health, and particularly mental health.

Young People in Care

 <https://www.rcpch.ac.uk/resources/being-me-supporting-children-young-people-care>

What keeps children in care happy, healthy and well? Care-experienced children and young people worked with RCPCH &Us to create these free resources, including 'passports', a poster and games to help share who they are, how they are feeling and what support they would like - as well as top tips for doctors.

Professional Bookshelf

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- Colver A, Rapley T, Parr JR, McConachie H, Dovey-Pearce G, Couteur AL, McDonagh JE, Bennett C, Hislop J, Maniatopoulos G, Mann KD, Merrick H, Pearce MS, Reape D, Vale L. Facilitating the transition of young people with long-term conditions through health services from childhood to adulthood: the Transition research programme. Southampton (UK): NIHR Journals Library; 2019 May.
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- Jones MR, Hooper TJ, Cuomo C, Crouch G, Hickam T, Lestishock L, Mennito S, White PH. Evaluation of a health care transition improvement process in seven large health care systems. *J Pediatr Nurs*. 2019 Apr 25;47:44-50
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- Lunstead J, Weitzman ER, Harstad E, Dedeoglu F, Gaffin JM, Garvey KC, MacGinnitie A, Rufo PA, Fishman LN, Wisk LE, Levy S. Screening and Counseling for Alcohol Use in Adolescents With Chronic Medical Conditions in the Ambulatory Setting. *J Adolesc Health*. 2019 Jun;64(6):804-806.
- Malone H, Biggar S, Javadpour S, Edworthy Z, Sheaf G, **Coyne I**. Interventions for promoting participation in shared decision-making for children and adolescents with cystic fibrosis. *Cochrane Database Syst Rev*. 2019 May 23;5: [Epub ahead of print] Review.
- Masonbrink AR, Miller MK. Caring for Hospitalized Adolescents: Opportunities to Identify and Address Unmet Reproductive Health Needs. *J Adolesc Health*. 2019 Jun;64(6):689-690.

 McDougall J, DeWit DJ, Wright FV. Social anxiety symptoms among youth with chronic health conditions: trajectories and related factors. *Disabil Rehabil*. 2019 Apr 5:1-13. [Epub ahead of print]

 McFadden V, Schmitz A, Porada K, Mehta S, Stephany A, Pickett M. Addressing Reproductive Health in Hospitalized Adolescents-A Missed Opportunity. *J Adolesc Health*. 2019 Jun;64(6):721-724

 Papoutsis C, Colligan G, Hagell A, Hargreaves D, Marshall M, Vijayaraghavan S, Greenhalgh T, Finer S. Promises and Perils of Group Clinics for Young People Living With Diabetes: A Realist Review. *Diabetes Care*. 2019 May;42(5):705-712.

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DVD shelf

Hidden voices and Hidden Health needs

 <https://www.youtube.com/watch?v=F91tA0VXCGM>

Children, young people and families across the UK have been telling RCPCH &Us about their hidden health needs, either through being in hospice care, LGBT+, a parent carer or from other groups. This short animation highlights their top tips for improving patient experiences through co-production.

RCPCH &Us – creating the best services together

 <https://www.youtube.com/watch?v=efWpdlwMSXY>

Children and young people across the UK told RCPCH &Us us what makes up the health best services possible, supporting article 24 of the United Nations Convention on the Rights of the Child. This short animation brings together their ideas and views.

Rheumatology: transition, mental health

Forthcoming Dates for your Diary!

2019

NEW June 19	The Section of Paediatrics of the Manchester Medical Society <i>“Adolescent Health”</i> Manchester Dental Education Centre, University of Manchester.	https://www.mms.org.uk/events-and-meetings/events/adolescent-health-symposium/
June 28	4th Annual NW Transition Conference organised by Alder Hey NHS foundation Trust Venue: Aintree University Hospital NHS Trust.	
July		
NEW 7-12	European Training in Effective Adolescent Care and Health 2019 Euteach Summer School Lausanne, Switzerland	www.euteach.com
Sept		
12-13	2nd European Transition Symposium Lausanne, Switzerland	http://www.lesadoscourses.ch/
18-19	Joint RCPCH and SAHM Conference <i>Adolescent Health Coming of Age</i> Windsor, UK	https://www.rcpch.ac.uk/news-events/events/adolescent-health-coming-age
December		
5-7	Excellence in Paediatrics Copenhagen	Has major adolescent medicine track https://eip-pediatrics-conference.ineip.org/program_excellence_in_pediatrics_conference

Also check out: <http://www.youngpeopleshealth.org.uk/events/events-calendar>

Do you know of any other useful resources or opportunities for professional development in young people’s health?

If you do, please let us know by email to: janet.mcdonagh@manchester.ac.uk