

Young People's Health Resource Newsletter December 2018



*** Season's Greetings ***
and a very happy new year to our readers!

To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development. Adopted in April 2008 by the Young Peoples Health Special Interest Group of the Royal College of Paediatrics and Child health (www.yphsig.org.uk)

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YPHSIG: Young Persons Health Special Interest Group

Is a group of health professionals within RCPCH but with co-opted members from RCN, RCGP RCP and AYPH creating a focus for professionals within the college working in the field of young people's health. Non-RCPCH members are very welcome to join too. If you are interested in joining YPHSIG and/or would like to find out more about it, please go to www.yphsig.org.uk

AYPH: Association for Young People's Health

Is a charity and membership organization creating a focus for all professionals and organizations working in the field of young people's health in the UK. If you are interested in joining AYPH and/or would like to find out more about it, please go to www.youngpeopleshealth.org.uk.

Disclaimer

Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content.

App store

This HEADSS training app (from YPHSIG) was launched at the recent RCPCH meeting in March and is available to download for free at

 <https://app.appinstitute.com/heedsss>

Professional Webwatch

 <https://www.health.org.uk/publications/listening-to-our-future>

As part of their **Young People's future health inquiry**, the Health Foundation spoke to young people (aged 22-26) from across the UK to discover the factors that helped or hindered them in their transition to adulthood. During these conversations, young people identified four main assets as having the most influence over their life experiences and their chances for the future: (i) appropriate skills and qualifications; (ii) personal connections; (iii) financial and practical support and (iv) emotional support.


 <https://www.childrenscommissioner.gov.uk/publication/who-knows-what-about-me/>

A report on the data collected about children and how it might shape their lives. The report reveals how more information is collected and shared about children than ever before – in the screens they watch, the websites and apps they use and the information that is captured by public services. It makes a number of recommendations to policy-makers.

 https://researchbriefings.parliament.uk/ResearchBriefing/Summary/SN04304#163961_20181121102707

This briefing paper summarises the available statistics relating to knife crime. Knife crime is a persistent and worrying concern, especially as it impacts particularly upon young people and the disadvantaged, and various remedies have been tried over the years. Findings from the Crime survey for England and Wales for the year ending March 2016 indicate that 6.2 % of 10 - 15 year olds and 4.2% of 16 - 29 year olds knew someone who carried a knife for their own protection. Smaller proportions of 10 – 15 year olds and 16 – 29, around 0.3% and 0.7% respectively, reported that they carried a knife.

Education and Vocation

 <https://www.gov.uk/government/publications/post-16-education-outcomes-for-disadvantaged-students#2018-11-20T09:30:04Z>

This research compares students' level of education and qualification route to their employment and earnings in later life.

 <https://www.byc.org.uk/uk/youth-select-committee/reports>

This report investigates the barriers faced by young people across the country in accessing quality **work experience**. Findings and recommendations include: access to work experience remains patchy and inconsistent despite recent reforms; who you are, where you live and where you go to school is associated with the kind and quality of work experience that you are likely to access; government should work with schools, business and young people to develop a quality benchmarking scheme for businesses offering work experience.

 https://www.unicef-irc.org/publications/pdf/an-unfair-start-inequality-children-education_37049-RC15-EN-WEB.pdf#163961_20181119023721

This report analyses research into educational inequalities in the world's richest countries. The report includes figures on bullying and estimates that nearly half of children in England experience bullying at school at least once a month. Bullying was also shown to have a statistically significant effect on children's reading scores in England.

Youth Homelessness

 https://centrepoin.org.uk/media/3069/making-homeless-young-people-count.pdf#163961_20181119014529

This report centres on findings from Centrepoin's analysis of data collected for the 2017/18 **Youth Homelessness Databank**. The databank collects local data from across the UK on the scale of youth homelessness. The research estimates 103,000 young people asked for help from their local council in 2017/18 because they were homeless or at risk of homelessness. This is the only estimate of its kind.

Care Leavers

 https://researchbriefings.parliament.uk/ResearchBriefing/Summary/CBP-8429#fullreport#163961_20181119024238


This briefing paper provides general background on the development of Government policies to support care leavers, and existing support available in key areas such as: social services; housing; education and training; health services; and the social security system.

Mental Health and Wellbeing


 <https://www.gov.uk/government/statistics/mental-health-of-children-and-young-people-in-england-2017-pas>


This is the first national survey of children's mental health to take place since 2004 and will update key statistics on the prevalence of mental disorders in children and young people













Professional Bookshelf


 Abda A, Bolduc M-E, Tsimicalis A et al Psychosocial outcomes of children and adolescents with severe congenital heart defect: a systematic review and meta analysis. *J Ped Psychol* 2018;1-15.


 Aleman-Diaz AY, Backhaus S, Siebers LL et al Child and Adolescent health in Europe: monitoring implementation of policies and provision of services. *The Lancet Child and Adolescent health* 2018 Dec: 2:891-904


 Cleverley K, Gore D, Nasir S et al. Facilitating Effective Transitions from Hospital to Community for Children and Adolescent Mental Health Services: Overview of the Transition Support Worker Role and Function. *J Can Acad Child Adolesc Psychiatry*. 2018 Nov;27(4):228-235.

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-  Egert Y, Egert T, Costello W, Prakken BJ, Smith EMD, Wulffraat NM. Children and young people get rheumatic disease too. *Lancet Child Adolesc Health*. 2018 Nov 22. [Epub ahead of print]
-  Elsbernd A, Boisen KA, Hjerding M, Niemann CU, Petersen G, Pappot H, Hjalgrim LL. Developing Age-Appropriate Supportive Facilities, Resources, and Activities for Adolescents and Young Adults with Cancer Across Departments and Diagnoses: A Single-Center Experience. *J Adolesc Young Adult Oncol*. 2018 Nov 3. [Epub ahead of print]
-  Gao X, McSwiney P, Court A, Wiggins A, Sawyer SM. Somatic Symptom Disorders in Adolescent Inpatients. *J Adol Health* 2018;63:779-784
-  Gireesh A, Das S, Viner RM. Impact of health behaviours and deprivation on well-being in a national sample of English young people. *BMJ Paediatr Open*. 2018 Nov 9;2(1):e000335.
-  Gubelmann A, Berchtold A, Barrense-Dias Y, Akre C, Newman CJ, Suris JC. Youth With Chronic Conditions and Risky Behaviors: An Indirect Path. *J Adol health* 2018;63:785-791
-  Kamper SJ, Michaleff ZA, Campbell P, Dunn KM, Yamato TP, Hodder RK, Wiggers J, Williams CM. Back pain, mental health and substance use are associated in adolescents. *J Public Health (Oxf)*. 2018 Sep 10. [Epub ahead of print]
-  Kızıler E, Yıldız D, Eren Fidancı B. Validation of the "Mind the Gap" Scale to Assess Satisfaction with Health Care among Adolescents. *Balkan Med J*. 2018 Nov 12. doi: 10.4274/balkanmedj.2017.0168. [Epub ahead of print]
-  Jones MR, Frey SM, Riekert K, Fagnano M, Halterman JS. Transition Readiness for Talking With Providers in Urban Youth With Asthma: Associations With Medication Management. *J Adolesc Health*. 2018 Oct 30. [Epub ahead of print]
-  Kayle M, Docherty SL, Sloane R, Tanabe P, Maslow G, Pan W, Shah N. Transition to adult care in sickle cell disease: A longitudinal study of clinical characteristics and disease severity. *Pediatr Blood Cancer*. 2018 Sep 24:e27463. [Epub ahead of print]
-  Kosola S, Ylinen E, Finne P, Rönholm K, Ortiz F. Implementation of a transition model to adult care may not be enough to improve results: National study of kidney transplant recipients. *Clin Transplant*. 2018 Nov 15:e13449. [Epub ahead of print]
-  Marcell AV, Breuner CC, Hammer L, Hudak ML; COMMITTEE ON ADOLESCENCE; COMMITTEE ON CHILD HEALTH FINANCING. Targeted Reforms in Health Care Financing to Improve the Care of Adolescents and Young Adults. *Pediatrics*. 2018 Dec;142(6). pii: e20182998.
-  Marley C, Mauki B. Resilience and protective factors among refugee children post-migration to high-income countries: a systematic review. *Eur J Public Health* 2018


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 White PH, Schmidt A, McManus M, Irwin CE Jr. Readyng Youth and Young Adults for Transition to Adult Care During Preventive Care Visits: New Clinician Toolkit. J Adolesc Health. 2018 Dec;63(6):673-674.

Video Shelf

 RCPCH and RCP Transitional Care Webinar 2018
<https://youtu.be/UThoS3XPpQA> via RCPCH Compass

Forthcoming Dates for your Diary!

2019

Jan		
31	5th Adolescent Rheumatology Symposium UCL Centre for Adolescent Rheumatology	Information to follow https://www.eventbrite.co.uk/d/united-kingdom--london/adolescent-rheumatology/

	London	
Feb 1	Paediatric Mental Health Association Annual Meeting – Day 2: Adolescent mental health: Trials and tribulations through transition Northampton	http://pmha-uk.org
Feb		
5	Westminster Health Forum Keynote Seminar <i>Next steps for children and young people's health in England - obesity, mental wellbeing and the 10-year NHS plan</i>	www.westminsterforumprojects.co.uk/conferences/westminster-health-forum
March		
6-9	SAHM <i>Psychological Well-Being: International Transcultural Perspectives</i> Washington DC	https://www.adolescenthealth.org/Meetings/2019-Annual-Meeting.aspx
May 13-15	RCPCH Spring Meeting Joint YPHSIG session with Paediatric Education SIG Birmingham	www.rcpch.ac.uk Abstract deadline 1 october 2018
June 28	4th Annual NW Transition Conference Aintree	Information to follow
Sept		
18-19	Joint RCPCH and SAHM Conference Windsor, UK	Information to follow

Also check out: <http://www.youngpeopleshealth.org.uk/events/events-calendar>

Do you know of any other useful resources or opportunities for professional development in young people's health?

If you do, please let us know by email to: janet.mcdonagh@manchester.ac.uk