

Spring 2016

# Newsletter

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# Tim's Chat

Hi Folks – Welcome to my Spring chat.

Firstly, let me congratulate Andrew Hughes on becoming our new Chair. Andrew has a wealth of previous experience in developing and improving services for children and young people, and his current areas of interest will greatly support PiP's work programmes and future development.

In March I attended an SCN workshop on Transition, held at the West Midland Safari Park. This was very well organised by Kate Branchett, Patient Voice & Insight Lead (PV&I), and her team. A group of young people from the Hereford area attended; they both presented and took part in the table top discussions, which really focused us all on their needs and their role in service development. Key themes from the day included the need for long – term care planning for CYP with chronic needs, with their voice and preferences clearly stated in these plans, with both paediatric and adult service providers contributing to these dynamic care plans. For those going through transition, the issues that were considered to be important were: Peer support by other young people, and having a key worker / co-ordinator role. This helps with the development of their care plans, improves outcomes and the young person's satisfaction with the process. Many effective tools for use in these care planning processes were demonstrated, so there is lots of help available to improve this stage of change for our young people.

A suitable environment for young people, and communication with them at all stages, also proved important themes - as was the desire for all provider organisations to embed transition plans in their operating processes. The timing of transition - with flexibility for individuals - is also key to success. PiP will consider how we can support our colleagues in planning effective transitional support for our children and young people, as a priority.

Thanks to Kate and the team for the day; as a bonus, at the end we were even able to go and see the giraffes and rhinos - for free!

In February, I participated in a Public Health England 0-19 Integration workshop. This looked at the integration of public health commissioned universal services and children's services, to ensure a co-ordinated approach to care delivery is developed. This included buy-in to the Early Help offer by all stakeholders, with key needs of involving educational provision and uniting healthcare provision across both mental and physical health areas for children and young people. The development of new care models e.g. MCPs should improve this process and help with co – design and collaboration. Life course care planning and the role of care co-ordinators were also seen as key to the success of early intervention strategies and to help focus the prevention approach within populations.

Finally, during my recent ski trip, I watched disabled young people whizzing down the slopes on specially converted snow bikes.....



The looks of glee on their faces brought home to me how much can be achieved with a "positive, can—do attitude" and how we all have a duty to support our young people in having their own space to express themselves.



# **PiP Member Organisations**





Helen Hipkiss, Head of Safeguarding and Governance, NHS England



From Left to Right: Doctors Indu Mahabeen, Sraboni Dasgupta, Sukhpreet Kaur Baidwan and Varsha Sadavarte (Chair)



Florence Merredew
Health Group Development Officer, CoramBAAF

# Midlands Looked After Children Network Joint Medical / Nursing Study Day Thursday, 14th April 2016

Meeting held at Public Health England (PHE), Birmingham RCPCH approved this activity for up to 5 CDP points.

This Study Day brought together thirty seven Designated professionals working with Looked After Children (LAC) from across the West and East Midlands. In the morning, the doctors and nurses met separately to discuss respective issues; a joint meeting was then held in the afternoon.

#### **Medical Agenda**

**Varsha Sadavarte,** Consultant Community Paediatrician at UHNM is Chair of the doctors' group. During this session there were several audits presented - including an audit of the Quality of adoption reports.

### **Nursing Agenda**

**Lyn Parsons**, Designated Looked after Children's Nurse (Coventry and Rugby CCG) is Chair of the nurses' group. The issues discussed included CQC inspections, how to achieve statutory health assessment timescales and positive health outcomes. They also considered how to creatively engage with young people who are declining health assessments.

# **Joint Medical and Nursing programme**

During the afternoon session, there were two main presentations from: **Helen Hipkiss** and **Ellie Johnson** re Commissioning for LAC and **Florence Merredew,** from CoramBAAF.

**Helen** is the Head of Safeguarding and Governance for NHSE and **Ellie** is Designated Nurse for LAC in Shropshire. The presentation highlighted the fact that the world of commissioning presents many challenges, especially as there are different arrangements in different geographical areas.

Florence gave a comprehensive update on issues in relation to fostering and adoption, highlighting the challenges currently facing those working in this field, both in health and local authorities (LAs). Following the publication of the 'Regionalising Adoption' report in June 2015, the Government is looking at innovative delivery models and combining agencies into larger groups. There will be Regional Adoption Agencies in all LAs by 2020. The Education and Adoption Bill 2016 will amend the Adoption and Children Act 2002.

The Study Day provided a great opportunity for learning, networking, and sharing best practice. It also highlighted the current challenging issues which need to be addressed. The importance of designated professionals sharing information and ensuring there are good communication channels was recognised.

It was agreed that consideration should be given to organising joint training sessions with Social Workers in this field.

# Thank you to PHE for the support

With thanks to **Karen Saunders**, and her staff at PHE, for providing the premises, and tea & coffee during the day.

# For more information about this Network, please contact:

Varsha Sadavarte: <a href="mailto:varsha.sadavarte@uhnm.nhs.uk">varsha.sadavarte@uhnm.nhs.uk</a> or

Lyn Parsons: lynette.parsons@coventryrugbyccg.nhs.uk

# **PiP Member Organisations**

Birmingham Children's Hospital NHS FT • Black Country Partnership NHS FT • Burton Hospitals NHS FT • Dudley CCG • Dudley Group NHS FT

East Cheshire NHS Trust • George Eliot Hospital NHS Trust • Heart of England NHS FT

Robert Jones & Agnes Hunt Orthopaedic & District Hospital NHS FT

Shropshire Community NHS Trust • South Staffordshire & Shropshire Healthcare NHS FT



Midlands Looked After Children Network Joint Medical / Nursing Study Day (continued from above)

#### **Presentation from Helen Hipkiss**

Helen gave an update on the role of Commissioning in relation to Looked after Children. She explained the Reformed Commissioning system for health and Local Authorities which saw the introduction of CCGs, led by GPs and other clinicians from April 2013.

Within LAC commissioning there are two key areas:

- service provision arrangements, and
- individual children commissioning arrangements

Helen highlighted the fact that there is huge variability across the region and the UK, with respect to how designated LAC professionals are involved (or not), particularly in relation to 'out of authority' arrangements.

Helen's presentation highlighted the fact that the world of commissioning, with multiple commissioners, presents many challenges. There can be Provider / Commissioner and LA conflicts, but delays and disputes re the commissioning arrangements can have significant adverse consequences for children and young people.

There was some discussion about the fact that, although those working in the field have no real power - we all have the opportunity to influence things. If we want to influence and improve services, we can take issues to Heads of Nursing, Health and Well being boards or to Quality Surveillance Groups.

If you would like to contact Helen regarding any issue, her email is: <a href="helen.hipkiss@nhs.net">helen.hipkiss@nhs.net</a>

# **Next meeting of Midlands LAC Network**

The meeting will be held on **Thursday, 13th October Venue:** St Philips Place, Birmingham.

If you would like further information, please contact Lesley Hines: <a href="mailto:likelines@nhs.net">l.hines@nhs.net</a></a>

# West Midlands Regional Child Death Overview Panel (CDOP) and the Sudden Unexpected Death in Infants and Children (SUDIC) Network

# Meetings held on 28th January and 26th April 2016

The CDOP/SUDIC Network is a subgroup of the West Midlands Safeguarding Forum. The Chair of the Network is **Dr Claire Thomas,** Consultant Paediatrician at Wolverhampton. Members of the Network include Designated Doctors and nurses, Paediatricians, CDOP Managers and Co-ordinators, Public Health and the West Midlands Police.

The overall aim of the Network is currently being reviewed, but in general it is to: "Identify best practice to support the ongoing development of child death overview process.....in order to achieve better outcomes for children and families".

Members share examples of Good Practice (about issues such as 'safe-sleeping' advice) and give updates on what is happening across the local areas.

**Dennis Wilkes,** Consultant in Public Health is revising the current West Midlands protocol work for SUDIC Response. A protocol for a West Midlands multiagency response to SUDIC is being developed, in line with the principles arising from the 'Working Together 2015' document.

At the April meeting, there was a presentation from **Dr Jo Garstang.** Jo is a Consultant Community Paediatrician at Coventry and Warwickshire Partnership NHS Trust. She led on the West Midlands Sudden Unexpected Death in Infancy (SUDI) Project.

Jo gave two presentations: - one on the Current Causes and Risk Factors for SUDI, and the second on Improving the Management of SUDI and supporting Families and Thoroughly Investigating Deaths. The aim of the second study was to learn about the experiences of the Joint Agency Approach (JAA), from the bereaved parents' and professionals' perspectives. The aim of the JAA is to establish the complete cause of death and address the needs of the family.

One of the findings was that families appreciate the Joint Home Visits (JHVs), where a paediatrician and police visit together. However, not all areas undertake JHVs.

The Studies have made a number of conclusions and these will be considered in more detail. The Studies will be published soon, and once this is done, further information will be circulated.

For further information on the Studies, please contact: <a href="mailto:Joanna.J.Garstang@warwick.ac.uk">Joanna.J.Garstang@warwick.ac.uk</a>

For further information on the SUDIC work, please contact: <u>Dennis.Wilkes@birmingham.gov.uk</u>



### Forum for Children's Commissioners

# The second meeting of this Forum was held on 23rd February 2016 at Dudley CCG

The Forum is chaired by Tim Horsburgh

The overall purpose of the Forum is to support colleagues to be more effective Commissioners, involving Commissioners from across all sectors of the health economy - Public Health, Specialised Commissioning & education - in order to develop some outcomes of care for children and young people (CYP).

**Steve Cooke,** Consultant Paediatric Orthopaedic Surgeon at UHCW, attended this meeting. He is one of the Clinical Leads for the Cerebral Palsy & Spasticity Network (CPSN), and outlined the issues in relation to Cerebral Palsy (CP). He described the clinical definition of CP — which is the single commonest cause of childhood neuro-disability in the developed world.

Steve explained that the work that the CPSN is developing an integrated pathway of care across the West Midlands. This is based on a model originally developed in Sweden, and then progressed across Scotland. Funding has been made available, via the WM Strategic Clinical Network, to develop a CPIP tool - and maintain a database for three years. This is a secure, online system to improve communication with the network team.

The CPIP tool will enable a programme of structured physical examinations to be carried out; CYP with CP will have standardised physical and radiological assessments. The CPIP will provide a structured system for examinations, and every child will get screened for x-rays.

**Tim Horsburgh** presented on the role of the Designated Medical Officer (DMO) in supporting CYP with a disability. He highlighted the policy and statutory requirements of the DMO role and looked at the Joint Commissioning Arrangements and decision making structures for CYP with SEN and disability requirements.

The next meeting of this Forum will be held on 26th May 2016 (morning) at Dudley CCG



#### Publication of the 7th Edition of the Guidelines

Members of the Editorial Group met in March to discuss the revision of the Guidelines. The aim is for the 7th Edition to be published in the Autumn.

# Paediatric Editorial Board:

We are delighted to welcome **Dr Surendran Chandrasekaran**, as a member of the Editorial Board. Surendran says:

"I have been working as a Consultant Paediatrician at Macclesfield District General Hospital since 2009. My special interests include Diabetes& Endocrinology, Oncology and Metabolic medicine. I have a keen interest in teaching and research and I am currently the Paediatric lead for undergraduate education and Research. I am also on the RCPCH Guideline consultation committee.

I joined PiP as an editor to further my own personal and professional experience of being involved in a guideline development group. The Paediatric Department here in Macclesfield have been using PiP guidelines for a good few years now and one of my previous colleagues was part of the team who worked as an editor.

Being an editor is a very challenging role but at the same time very fruitful, as I get to update myself constantly with evolving evidence and changing practice".

If you would like to discuss with Surendran, please contact: surendran.chandrasekaran@nhs.net



### **PiP Member Organisations**

Walsall Healthcare NHS Trust • Worcestershire Acute Hospitals NHS Trust



Farewell ..to Liz Nicholson Chair from April 2013 - April 2016

Liz stepped down as Chair at the end of April. We are all sad to see her go as she has been a pillar of stability during difficult times of reorganisation and instability in the NHS and Public Services. During the past three years Liz worked hard to ensure that PiP responded to the 'external' challenges of the NHS reforms - whilst also reviewing itself as an organisation and strengthening its governance arrangements. PiP has strengthened its relationship with partners across the healthcare economy and in social care and local authorities through its links with Directors of Children's Services and Public Health England. Whole system pathway design across primary and secondary care, and the need for effective transition arrangements in adult services for children and young people with long-term problems was also one of her areas of interest.

A key focus of Liz's work has been to progress the work around engaging with children and young people and encouraging member organisations to actively involve them in service redesign and delivery; so important in effective transition.



On behalf of PiP Members - "Thank you for your support and very best wishes for the future....."

Event for your Diary! Study Day - Tuesday, 14th June 2016 (6 CPD points have been accredited)

The Royal Society of Medicine and the RCPCH are jointly hosting: "Effective Patient Centred Integrated Care for Children, Young People and their Families"

The Study day is aimed at patients and professionals in paediatrics and primary care, commissioners and policy makers. The day will "help delegates understand the child health landscape......it will offer insights into how children & families themselves, workforce development and the introduction of new models of care can be utilsed to improve quality of care healthy outcomes".

Speakers include: Jackie Cornish, National Clinical Director, NHSE; Carol Ewing, RCPCH; Mando Watson and Bob Klaber, Imperial Healthcare, and Steve Cropper, PiP & Keele University. Costs for non-members vary from £160 to £45.

If you wish to attend, please book on line: www.rsm.ac.uk/events/events-listing.aspx

or for more information contact:

Andrea Török on: 020 7290 2986 or email:
paediatrics@rsm.ac.uk

# **New Chairman - Mr Andrew Hughes**

We are delighted to announce that Andrew commenced in post on April 4th. Andrew has a wide range of health sector experience and has shown a personal and professional commitment to developing paediatric services. He has fifteen years' experience of working in the NHS, with a number of organisations providing children's services as part of a broader clinical portfolio. He has also worked with a range of specialist organisations, including UNICEF UK, the National Children's Bureau, Birmingham Children's Hospital and the Teenage Cancer Trust.

He is currently a Non-Executive Director on the Boards of the Teenage Cancer Trust and Burton Hospitals NHS FT and a Visiting Lecturer at Oxford Brookes. He combines this with running his own Consultancy company 'Meant'.

From his experience, Andrew understands the risk to clinical sustainability in paediatric services that exists in smaller providers, and recognises the need for partnership working and developing integrated services - horizontally and vertically. He brings entrepreneurial experience with a track record of developing small organisations.

# **Message from Andrew**

"I'm honoured to have been appointed as Chair of <u>Partners in</u> Paediatrics.......

In three words its name captures a lot of what I believe in (collaboration and the next generations) and its overarching aim to improve the quality and accessibility of services for children and young people is something to which I commit fully. I'm convinced that several member organisations, very many individual clinicians and a whole load of passion, commitment and energy can make a real difference".



Andrew Hughes (right) with Tim Horsburgh and Liz Nicholson at the Board meeting held on 9th March which Andrew attended before commencing in post.

The date of the next 2016 Board meeting is:

Thursday, 9th June
Meeting will be held from 2pm to 4pm
Venue: Dudley CCG.

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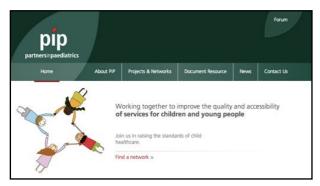
Shropshire Community NHS Trust • South Staffordshire & Shropshire Healthcare NHS FT
The Royal Wolverhampton Hospitals NHS Trust • The Shrewsbury & Telford Hospital NHS Trust
University Hospital of North Midlands NHS Trust • University Hospitals Coventry & Warwickshire NHS Trust
Walsall Healthcare NHS Trust • Worcestershire Acute Hospitals NHS Trust



# The PiP Website

We would like to know your views on how it can be improved. Please let us know!

The aim is that the website is a 'repository' for examples of 'good practice' and that it can be used for advertising any educational events that are taking place around the region.



# www.partnersinpaediatrics.org

Would you like to share an example of good practice?

Has your organisation developed a new service or
model of care that you would like to tell us about?

If so, please contact

Julia Greensall or Lesley Hines.

# The next meeting of the Forum for Children's Commissioners will be held on

26th May 2016 (morning) at Dudley CCG

Lyn Parsons, Designated Nurse for Looked After Children (LAC), will be attending to give a presentation regarding issues that impact on meeting the Statutory health needs of LAC across the West Midlands.

Lyn is the Designated Nurse Looked After Children at Coventry and Rugby CCG, and Chair of the West Midlands LAC Network.

**Christine Lewington,** Chair of the WM Children's Commissioning Network (Local Authorities), will discuss the work of the Network, in particular in relation to Looked After Children.

The meeting will provide an opportunity to discuss issues that impact on the delivery and commissioning of health services for this vulnerable group, within a complex commissioning landscape, and explore the opportunities for collaborative working.

If you would like to attend please contact: Lesley Hines

# Sharing Good Practice The Children's Ward at Burton Hospital

Congratulations to the play co-ordinators at Burton, **Kirsty Bowles** and **Mark Woods.** They have set up a Comments Cloud for use on the Children's Ward. This is similar to the one established at Robert Jones & Agnes Hunt hospital.

The staff have a different theme each month - but this Spring theme is particularly appropriate!

Caroline Dodd, Ward Manager, explained that they asked patients to write "something good about your stay" on the flowers - and "something about your stay that could have been better" on the clouds.

Caroline says they have had lots of positive comments after sharing this on **Twitter**, including "Love this - a seasonal variation on the 'tops and pants' idea ".

Keep up the good work!!



**Spring Themed Comments Board** 

# **Email addresses:**

Andrew Hughes, Chair andrew@partnersinpaediatrics.org

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Tim Horsburgh, Clinical Lead tim@partnersinpaediatrics.org

Julia Greensall, Network Manager julia@partnersinpaediatrics.org

Steve Cropper, Academic Advisor s.a.cropper@keele.ac.uk

Lesley Hines, Project Support
<a href="mailto:l.hines@nhs.net">l.hines@nhs.net</a>

# Correspondence can be sent to:

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0121 746 4461

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